



Bayshore Tattoo Studio

Tattoo Aftercare Instructions

You have a new tattoo and want to take good care of it! You are responsible for how your tattoo heals. Wash your tattoo properly and allow it to dry. Do NOT rebandage your tattoo at any point after your first wash!

1. Leave your bandage on for approximately 1 hour, 2 hours maximum.
2. After you remove the bandage, wash your tattoo.
 - a. Use cool water and mild antibacterial soap such as dial, soft-soap, ivory or generic brands with antibacterial indicated on the bottle to gently wash away any ointment, blood and/or plasma.
 - b. Use only your hand and wash gently. Do not use wash rags, towels, sponges, etc.
 - i. After washing, you may lightly pat dry your tattoo using paper towels.
 - c. Allow your tattoo to air dry for 20-30 minutes before applying any lotion to the tattoo area.
3. You may apply fragrance-free white hand lotions after the 1st wash and anytime your tattoo feels dry.
 - a. Always wash your tattoo and allow it to air dry fully before applying lotions.
 - b. It is recommended to only use lotions for up to two to three weeks.
 - c. Aqua-tat, Aquaphor, Lubriderm, Aveeno, Eucerin and Curel are recommended lotions.
 - d. Specialty products such as Tattoo Goo and H2Ocean may also be used. Follow instructions and consider any allergies.
 - e. Do NOT use any of the following ointments:
 - i. A&D Ointment, Vaseline or Bacitracin, or any other ointments that trap moisture under the skin.
 - ii. Do NOT use Neosporin, which will draw necessary impurities from the skin.
4. After your first wash, you can and should shower regularly with a new tattoo. However, do not submerge your tattoo for extended periods of time.
 - a. For the first three to four weeks, Do NOT enter pools, hot tubs, jacuzzis, baths, the ocean or any other bodies of water.
 - b. Keep your tattoo area away from washing dishes.
5. After a few days you may notice peeling, scabbing, and itching. This is normal.
 - a. Do not pick or scratch your tattoo. Allow it to heal naturally.
 - b. If your tattoo is itching, you may lightly tap the affected area. Do NOT scratch or rub.
6. To keep your tattoo vibrant and reduce fading after your tattoo is healed, always protect your tattoo in the sun and excessive heat using sun block (not suntan lotion). A minimum of SPF 35 is recommended.

The outer skin healing time is expected to take between two to three weeks. If you have reason to believe you may have developed any infections, please contact your primary care physician immediately.